

Cumberland Walks (Carlisle) April - June 2024

Walk

When

Contact

- CADAS Carlisle Group
Bitts Park and Rickerby
Park
(CA1 1EJ)

- Every Thursday
- 10AM

- CADAS
contact@cadas.co.uk
03001114002

- Currock House
Community
Centre - Multiple Routes
(CA2 4BS)

- Alternate Tuesdays
- 11AM

- Currock House
Community Centre
01228591868
info@currockcc.co.uk

- Watchtree Nature Reserve
Wellbeing Walk
(CA5 6NL)

- Every Monday
- 10AM

- Brian Scroggie
07724071636
brianscroggie@
totalise.co.uk

- Wellbeing Walks Carlisle
(Multiple Locations)

- Alternate Wednesdays
- 10.30AM & 1PM

- Helen Tickner
07935001511
wellbeingwalkscarlisle@
cumberland.gov.uk

walks may be subject to change

Postcodes indicate walk meeting point. Walks without postcodes have multiple routes - please visit ramblers.org.uk and search Wellbeing Walks for specific walk dates and more details.